

During the course of our lives,

There have been events that have been overwhelming or traumatic.

Some of the feelings from these were more than we could handle.

These repressed feelings become unconscious emotional reactions and responses and create patterns in our lives.

Emotional reactions like pain, anger, sadness, fear, shame and guilt become automatic.

Leaving us feeling unfulfilled or unhappy, like something is missing or something is wrong.

We often feel trapped or stuck like we don't have a choice, that life is unfair or that we are unacceptable, that there is no time for taking care of ourselves, that we are driven, or are burdened by our responsibilities, that we are giving ourselves away and feel truly responsible for someone, that we are truly unable to be who we are and be true to ourselves, that we are being taken advantage of, that it has been difficult to know what is true to us and we are confused about what to do.

Unprocessed life events are the unconscious causes of much of our pain and suffering,

These become our...

## *Issues in the Tissues*

Consciously or unconsciously we are living out of the programs, patterns, imprints and conditioning of our life experiences, our family of origin, and our ancestors. We are the products of our culture and our upbringing.

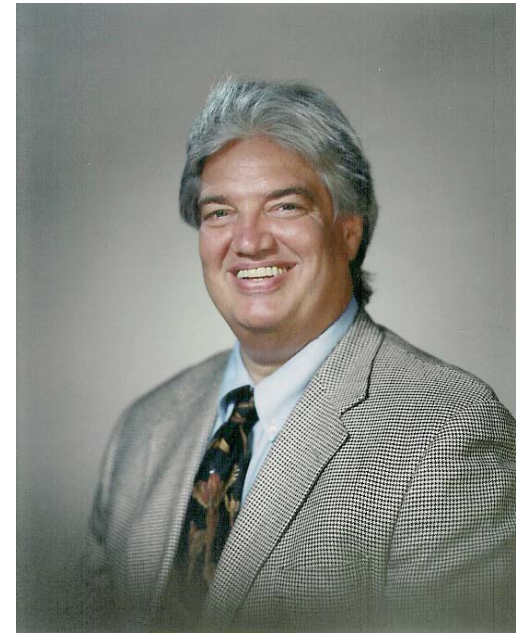
We will examine a *process* that allows us to encounter life in a way that we can use our pain and our everyday life experiences to free us from these influences.

Willpower alone is not enough; making different life choices only works for a while and life repeats itself over and over.

This *process* ends the physical, mental and emotional reactions, which drive the patterns of suffering of our lives and leaves us with greater awareness and wisdom.

This *process* also allows us to make breakthroughs and to develop new aspects of ourselves that will help us move toward the manifestation our individual destiny.

*“Feelings buried alive never die, they become Issues in the Tissues and the seeds of pain, suffering, disease & death.”*



Dr. Robert Brooks

*“Join me as I share a lifelong healing journey of travel and study. I will introduce you to a simple, very effective process that will empower you to live free of pain and suffering and live a life of peace, joy and possibility.”*

### **Reservations Required**

To enroll, fill in the information form attached and call Kandye at (918) 587-7111.

### **Monday Evenings 6:00 PM**

Brooks Spinal Care  
Suite 3100  
1722 South Carson  
Tulsa, Oklahoma 74119



## ISSUES IN THE TISSUES

MONDAY EVENINGS  
6:00 P.M.

Taught by Dr. Robert  
Brooks

*Suffering is  
Optional*

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### Who will benefit from this Class?

- Do you suffer from chronic pain and fatigue?
- Do you feel like something is missing or something is wrong?
- No matter how much you do or how much there is it never feels like enough?
- Do you feel driven?
- Do you still hurt from the death or loss of a loved one?
- Are you a people pleaser?
- Are you hard on yourself?
- Do you have trouble being true to yourself?
- Do you feel trapped or stuck?
- Have you given up on your dreams?

**If you answer YES to any of these questions, this class will create new possibilities for you.**

Name _____	Date Attending _____
Address _____	City _____ State _____ Zip _____
Daytime Phone (____) _____	Home Phone (____) _____
Cell Phone (____) _____	E-Mail Address _____
Tuition - \$50	Payment by _____ Cash _____ Check _____ Credit Card: _____ Visa _____ MC _____ AMEX
Card # _____	Expiration Date _____